

## Are You Dating Right? Get Insider Tips from Chicago's Matchmaker Stef Safran

Share the Gossip... 

### Stef Safran – Tips for a successful date

Shy Town Girls recently caught up with Stef Safran, a Chicago Matchmaker, who has a knack for introducing people that hit it off.

Stef Safran sat down with me to give the single ladies and gents of Chicago some insider tips when it comes to the new world of dating that has drastically changed in the last twenty years.

### What's the biggest mistake people make when it comes to dating?

"People have to let go of the idea that someone is going to meet their perfect checklist. If someone meets 80 percent of your checklist that's more than most. People also forget that both sides are auditioning. They think it's only about them.

"Additionally, communication is key, not texting or emails, but actually calling someone up and having a conversation with them. One of my rules is that no dates are allowed to text or email for the first three weeks it has to be phone calls. This opens the door to real communication and sets the tones of the relationship."

### What's your best dating advice for people looking for someone?

"Keep your expectations reasonable. Movies and the media have swayed the way we view dating and it's important to realize it's not just a fairytale, but takes work. If you are really ready to date then you have to put yourself out there and that means not doing the same things over and over again. If you have a bad habit like smoking or need to get in better shape take the steps to change that."

### If I was going on a first date tomorrow what's one thing I should definitely do?

"I always believe in starting a date with a compliment."

### The question I most often hear from my friends is "Where do you meet someone?" Well, Stef has finally helped answer the question.

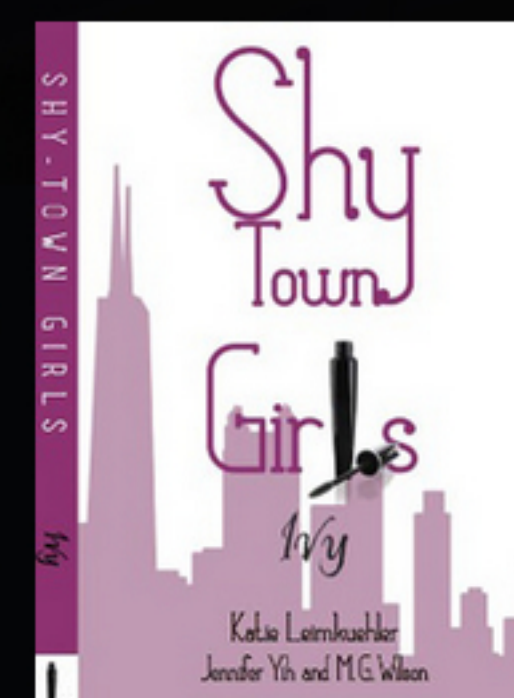
Stef and her team create personalized social calendars tailored towards each individual who fills out an application with their interests and hobbies. This isn't just for singles, it's for people who are new to town or looking to make more friends.

"We go through and study a person's interests and create a calendar of weekly and monthly social, sporting and networking events that we have personally been to and can recommend that cater towards that person and their age group."

Stef will be speaking at "Single in the City: Networking" an event on Feb. 13 from 6-9 .m. at Embassy Suites – Lakefront for evening of networking with singles with the [Young Professionals Chicago](#). The Shy Town Girls will also be there! Meet and mingle with local singles and meet the author, Katie Leimkuehler, of Shy Town Girls who will be selling copies of the book at the event. [RSVP to the event.](#)



For more information on Stef visit her website [stefandthecity.com](http://stefandthecity.com).



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\* indicates required

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First Name

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